

NURSING (NU)

NU104: Pathophysiology for Nursing

This course focuses on concepts of pathophysiology essential to understanding alterations in body systems and developing professional nursing clinical decision-making skills for health promotion, risk reduction, and disease management across the life span. The course provides a comprehensive nursing approach to common alterations in body systems and addresses etiology, clinical presentation, and appropriate treatment of the disease process.

Quarter Credit Hours: 5 | Prerequisite: MM212, SC131, and SC246

NU108: Health Professions Transitions

In this course, you can expect to explore the transition from health care professional to the professional registered nurse. You will learn to assimilate cognitive and affective learning with the legal and ethical principles necessary to provide safe, effective, and evidence-based care to a diverse, multicultural client population through the use of the nursing process and understanding clinical judgment. This course focuses on concepts of pathophysiology essential to understanding alterations in body systems. You will develop professional nursing clinical decision-making skills for health promotion, risk reduction, and disease management across the lifespan as well as basic principles of pharmacology including its relationship to the health of individuals and families. Emphasis is placed on nursing responsibilities and client education, understanding the fundamentals of professional nurse practice, as well as effective therapeutic communication and documenting patient care.

Quarter Credit Hours: 6 | Prerequisite: None

NU140: Nursing Fundamentals

The fundamental nursing course introduces you to the role of the professional registered nurse, the role of interdisciplinary team members, and the health care system from historical, legal, and ethical perspectives. You will learn to assimilate the cognitive, legal, and ethical skills necessary to provide safe, effective, and evidence-based care. You will build on concepts and topics previously learned in previous courses. Topics include patient safety, cultural competency, patient education and counseling, the nursing process, activities of daily living, critical thinking, and professional communication skills. Emphasis is placed on the beginning application of therapeutic communication techniques, documenting patient care, the clinical reasoning process, and health promotion. You must successfully complete all requirements of both didactic and clinical courses. Failure of one course will lead to a repeat of both the didactic and clinical courses.

Quarter Credit Hours: 3 | Prerequisite: MM212, NU104, SC131, and SC246

NU140CL: Nursing Fundamentals Clinical

This course allows you to explore theory and concepts presented in the Nursing Fundamentals course. NU140CL introduces you to the application of skills learned in the didactic portion of the course. You will apply basic nursing skills and the assessment techniques used to interpret and communicate normal findings and common deviations from normal in laboratory, simulation, and clinical settings. You will begin preparing for basic nursing care for clients across the life span by identifying pathophysiological processes and nursing problems, and the appropriate interventions to address patients' current health status. You will outline introductory documentation skills findings and integrate therapeutic communication techniques with patients and members of the interprofessional team while formulating their clinical judgement abilities. You must successfully complete all requirements of both didactic and clinical courses. Failure of one course will lead to a repeat of both the didactic and clinical courses.

Quarter Credit Hours: 4 | Prerequisite: MM212, NU104, SC131, and SC246
| Corequisite: NU140

NU141: Pharmacology for Nursing

In this course, you are taught basic principles of pharmacology including its relationship to the health of individuals and families. Building on previous education from Pathophysiology and previous courses, this course introduces medications that affect specific body systems. Course topics include medication classes, actions, therapeutic and adverse effects of medications, and drug-drug/food-drug interactions, for commonly used medications. You will apply the nursing process to the administration of pharmacologic therapy. Emphasis is placed on nursing responsibilities and client education related to pharmacologic therapy. You must successfully meet all requirements of both the didactic and clinical courses. Failure of one course will lead to a repeat of both the didactic and clinical courses.

Quarter Credit Hours: 4 | Prerequisite: MM212, SC131, and SC246

NU141CL: Pharmacology for Nursing Clinical

In this course, you are taught the basic principles of pharmacology regarding the treatment of health conditions. You will learn how to administer medications by different routes of common medications safely, along with appropriate nursing interventions. You will demonstrate appropriate nursing responsibilities in medication administration, including appropriate documentation and accurate dosage calculations. You must successfully meet all requirements of both the didactic and clinical courses. Failure of one course will lead to a repeat of both the didactic and clinical courses.

Quarter Credit Hours: 2 | Prerequisite: MM212, SC131, and SC246

NU142: Medical-Surgical Nursing I

This course will assist in preparation of strategies to implement and evaluate the nursing process to formulate appropriate nursing care of adult health issues in the medical-surgical client. Physiological, pathophysiological, and psychosocial concepts, care planning, and health promotion of the adult medical-surgical client will be addressed. By building upon the knowledge gained in earlier nursing courses, the use of evidence-based practice and critical thinking will be emphasized through care planning, patient education, and health care technologies. Nursing care from a holistic approach, including cultural competence, will be discussed. Body systems reviewed in this course are: respiratory, cardiac, renal, endocrine, and peripheral vascular. You must successfully complete all requirements of both didactic and clinical courses. Failure of one course will lead to a repeat of both the didactic and clinical courses.

Quarter Credit Hours: 3 | Prerequisite: NU140 and NU141

NU142CL: Medical-Surgical Nursing I Clinical

This course allows you to integrate evidence-based theory to the assessment, planning, implementation, and evaluation of care while providing care for adults with health alterations in the medical-surgical setting. You will apply knowledge gained to your skills, simulations, and clinical experiences that will focus on applying the appropriate care to adult patients in a medical-surgical setting. Implementation of nursing interventions, the use of patient care technologies, interprofessional, effective oral and written communication skills, evidence-based practice, and clinical decision-making skills will be examined. The nursing process will be further applied to the care of medical-surgical patients. You will examine and demonstrate your own personal accountability for professional development and cultural competence. You must successfully complete all requirements of both didactic and clinical courses. Failure of one course will lead to a repeat of both the didactic and clinical courses.

Quarter Credit Hours: 5 | Prerequisite: NU140 and NU141 | Corequisite: NU142

NU143: Maternal Infant Nursing

This course will prepare you to care for women and infants during the perinatal period. Topics will include issues affecting childbearing families including fertility, pregnancy, childbirth, postpartum care, and common problems in infancy. Building on nursing information already gained in previous courses, you will learn how common health disorders and medications affect a pregnant woman and her unborn child. Through interactive course activities, you will address the health needs of women and infants before, during, and after pregnancy as well as throughout infancy. You must successfully meet all requirements of both the didactic and clinical courses. Failure of one course will lead to a repeat of both the didactic and clinical courses.

Quarter Credit Hours: 3 | Prerequisite: NU142

NU143CL: Maternal Infant Nursing Clinical

This course will prepare you to care for women and infants during the prenatal, antenatal, intranatal, postnatal, and neonatal periods. Topics will include issues affecting childbearing families including fertility, pregnancy, childbirth, postpartum care, and common problems in infancy. The course will also address common mental health issues affecting families during the transition to parenthood. Through clinical and/or simulation experiences, you will address the health needs of women and infants before, during, and after pregnancy, explaining rationales for performing specific components of the assessment. The tasks you will be assigned are to assess mothers and newborns with proficiency, communicate with families in a therapeutic manner, document your findings and communicate to the health care team any abnormalities, integrate, correlate, and apply appropriate health care technologies in the care of childbearing families that meets the standard of nursing practice, identifying priority needs, and to write a care plan for how you would manage your patients. You must successfully meet all requirements of both the didactic and clinical courses. Failure of one course will lead to a repeat of both the didactic and clinical courses.

Quarter Credit Hours: 2 | Prerequisite: NU142

NU144: Medical-Surgical Nursing II

This course will allow you to build upon previous knowledge gained and apply the nursing process in the care of adult medical and surgical clients. The course will focus on the application of critical thinking, risk reduction, communication, and assessment skills developed in Medical-Surgical Nursing I. Care planning, nursing interventions, patient education, health promotion, and health care technologies will be addressed. You will describe patient-centered care decisions and elaborate upon critical thinking and reasoning for patients with high acuity. Course-specific content will include nursing care related to health alterations in the following body systems: cardiovascular, gastrointestinal, neurological, musculoskeletal, integumentary, and sensory. You must successfully meet all requirements of both the didactic and clinical courses. Failure of one course will lead to a repeat of both the didactic and clinical courses.

Quarter Credit Hours: 3 | Prerequisite: NU142

NU144CL: Medical-Surgical Nursing II Clinical

This course will prepare you to apply the nursing process in the care of adult medical and surgical clients. In this course, you will use critical thinking to differentiate between regulations, standards of practice, and ethical and legal decision-making related to information technology. Additionally, to promote best practice outcomes and your commitment to patient-centered care, you will integrate communication skills into practice in the clinical setting. Finally, you will use reflective journaling to evaluate progress toward professional development goals. Course-specific content will include nursing care related to health care alterations in the following body systems: cardiovascular, gastrointestinal, neurological, musculoskeletal, integumentary, and sensory. You will participate in clinical education activities in an acute or chronic care setting. You must successfully meet all requirements of both the didactic and clinical courses. Failure of one course will lead to a repeat of both the didactic and clinical courses.

Quarter Credit Hours: 4 | Prerequisite: NU142 and NU142CL

NU145: Psychology Across the Lifespan

This course explores human development across the lifespan with an emphasis on psychological, social, and emotional growth. You will examine developmental theories, milestones, and challenges from infancy to older adulthood, focusing on their relevance to nursing practice. Topics include cognitive and emotional development, personality formation, and the impact of cultural and environmental factors on health and behavior.

Quarter Credit Hours: 5 | Prerequisite: SC121

NU225: Pediatric Nursing

This course will prepare you to care for pediatric clients experiencing complex, multisystem, medical-surgical illnesses. You will analyze the pathophysiology, clinical manifestations, and nursing and collaborative management of body systems. This course describes the purpose, significance of results, and nursing responsibilities related to diagnostic studies in the pediatric population. In this course, you will utilize concepts of growth and development, cultural awareness, and health promotion to describe evidence-based care for children. This course builds upon the knowledge gained in the previous courses taken within this program. You must successfully meet all requirements of both the didactic and clinical courses. Failure of one course will lead to a repeat of both the didactic and clinical courses.

Quarter Credit Hours: 3 | Prerequisite: NU144 and NU144CL

NU225CL: Pediatric Nursing Clinical

This course assists you to explore various pediatric developmental states and provide competent care of pediatric patients and their families who are experiencing normal development and alterations in body systems. You will calculate appropriate dosages of common pediatric medications. This course builds upon knowledge gained in previous nursing courses to apply to a specific population (infancy to adolescents). Course content is organized by the nursing process to achieve best practice outcomes and interventions for pediatric patients and their families experiencing bio/psycho/social/cultural and spiritual needs. You must successfully meet all requirements of both the didactic and clinical courses. Failure of one course will lead to a repeat of both the didactic and clinical courses.

Quarter Credit Hours: 2 | Prerequisite: NU144 and NU144CL

NU245: Mental Health Nursing

In this course, you are taught to appraise the major theoretical concepts in psychiatric mental health nursing related to the assessment of needs and the planning of care for individuals with behavioral health disorders. Emphasis is placed on evaluation of mental health disorders, cultural and ethical influences, and the various roles and functions of the psychiatric mental health nurse generalist. You will assess therapeutic communication techniques to promote health and wellness in the severely mentally ill population. Legal considerations to the care of patients diagnosed with mental health disorders will be critiqued. You must successfully meet all requirements of both the didactic and clinical courses. Failure of one course will lead to a repeat of both the didactic and clinical courses.

Quarter Credit Hours: 3 | Prerequisite: NU140, NU141, and PS124

NU245CL: Mental Health Nursing Clinical

In this course, you are taught the major theoretical concepts in mental health related to the assessment of needs and the planning of care for individuals with mental health problems. Emphasis is placed on examination of mental health disorders and the various roles and functions of the mental health nurse. Through structured, sequential, competency-based clinical and/or lab assignments, you will care for individuals with mental health conditions requiring professional treatment. You must successfully meet all requirements of both the didactic and clinical courses. Failure of one course will lead to a repeat of both the didactic and clinical courses.

Quarter Credit Hours: 2 | Prerequisite: NU140, NU141, and PS124

NU263: Medical-Surgical Nursing III

In this course, you will analyze and develop a plan of care for adult clients experiencing complex multisystem medical-surgical and critical care illnesses. The nursing process will be used to formulate, implement, and evaluate appropriate nursing care of adult health issues in the medical-surgical client. By building upon the knowledge gained in earlier nursing courses, the use of evidence-based practice and critical thinking will be used to justify the best nursing interventions for the acutely ill, highly complex, medical surgical patients. You will learn to synthesize the purpose, significance of results, and nursing responsibilities related to diagnostic studies in all areas of hematology, cardiac, respiratory, and neurologic care from a holistic approach, including cultural competence. Course-specific content will include nursing care related to health alterations in the following body systems: hematology, immunology, respiratory, cardiac, and neurology. You must successfully complete all requirements of both didactic and clinical courses. Failure of one course will lead to a repeat of both the didactic and clinical courses.

Quarter Credit Hours: 3 | Prerequisite: NU144

NU263CL: Medical-Surgical Nursing III Clinical

In addition to the refinement of clinical skills and knowledge gained in Medical-Surgical Nursing I and II, you will gain experience in practice management, leadership roles, and the use of health care technologies within your clinical experience. Clinical placements will take place across a variety of settings. You must successfully meet all requirements of both the didactic and clinical courses. Failure of one course will lead to a repeat of both the didactic and clinical courses.

Quarter Credit Hours: 2 | Prerequisite: NU144 and NU144CL

NU298: Capstone

The capstone course is designed to synthesize the concepts covered in previous nursing courses and will assist you in the integration of the competencies essential for the practice of professional nursing. You will integrate the nursing process and evidence-based practice into caring for clients on the health-wellness continuum. Additionally, you will combine nursing knowledge and therapeutic communication skills to provide patient-centered education to medically complex adult medical-surgical clients. In this course, you will have the opportunity to analyze your professional growth and progress toward the achievement of your professional goals. In this course, you will demonstrate your ability to prioritize nursing interventions for complex health care related scenarios. Throughout the term, you will focus on preparation for the NCLEX-RN® examination with comprehensive question-based reviews and exams for practice appraising different health care situations and determining the nurses' best course of action. You must successfully meet all requirements of both the didactic and clinical courses. Failure of one course will lead to a repeat of both the didactic and clinical courses.

Quarter Credit Hours: 3 | Prerequisite: Last term and completion of all required courses in the program

NU298CL: Capstone Clinical

In this course, you will build on the foundation of previous coursework through review and practice of all prior skills and knowledge. You will synthesize and evaluate nursing knowledge and ethical principles and decision-making to determine and prioritize a plan of care for a variety of patients while utilizing leadership, management, and safety principles. You will also progress to more independent functions in your clinical experiences. The clinical site will be identified in collaboration with faculty before placement. This course will assist you in the integration of the competencies essential for the practice of professional nursing. You will be able to integrate care to a variety of patients practicing culturally sensitive and developmentally appropriate care. You must successfully meet all requirements of both the didactic and clinical courses. Failure of one course will lead to a repeat of both the didactic and clinical courses.

Quarter Credit Hours: 4 | Prerequisite: Last term and completion of all required courses in the program | Corequisite: NU420

NU300: Professional Leadership Transitions

In this course you will examine diverse roles of the professional nurse within complex health care systems and interprofessional teams; investigate application of information technology and evidence-based practice tools to improve patient outcomes; investigate application of leadership, communication, and teaching/learning skills to promote continuous quality improvement; and plan for your unique role as a practicing and developing member of a profession.

Quarter Credit Hours: 6 | Prerequisite: None

NU320: Evidence-Based Nursing Practice

Nursing practice must be grounded in evidence that supports high-quality health care. In this course, you will develop your own spirit of inquiry to support your nursing practice. You will explore different patterns of knowing that foster respect for diverse perspectives. You will learn how to formulate a relevant research question that can be leveraged to locate existing evidence for practice. You will culminate your learning experience by linking specific evidence to quality improvement in patient care delivery.

Quarter Credit Hours: 6 | Prerequisite: None

NU320M1: Scholarly Characteristics for Evidence-Based Nursing Practice

Appraise the scholarly characteristics necessary for evidence-based practice in nursing.

Quarter Credit Hours: 1 | Prerequisite: None

NU320M2: Asking the Questions That Support Nursing Practice

Develop a research question that facilitates scholarly inquiry.

Quarter Credit Hours: 1 | Prerequisite: None

NU320M3: Finding Evidence for Nursing Practice

Discover evidence for clinically relevant nursing practice.

Quarter Credit Hours: 1 | Prerequisite: None

NU320M4: Patterns of Knowing in Nursing Practice

Differentiate between the different patterns of knowing that inform clinical decision-making.

Quarter Credit Hours: 1 | Prerequisite: None

NU320M5: Addressing Clinical Problems With Evidence

Apply evidence from nursing research literature to a clinical problem.

Quarter Credit Hours: 1 | Prerequisite: None

NU320M6: Evidence for Quality Improvement

Integrate research evidence for quality improvement in patient care delivery.

Quarter Credit Hours: 1 | Prerequisite: None

NU325: Evidence-Based Nursing

Nursing practice must be grounded in evidence that supports high-quality health care. In this course, you will develop your own spirit of inquiry to support your nursing practice. You will explore different patterns of knowing that foster respect for diverse perspectives. You will learn how to formulate a relevant research question that can be leveraged to locate existing evidence for practice. You will culminate your learning experience by linking specific evidence to quality improvement in patient care delivery.

Quarter Credit Hours: 5 | Prerequisite: None

NU333: Health Assessment for the Nursing Professional

This course builds on previous knowledge and skills from the sciences, humanities, and nursing. You learn approaches to a holistic assessment of health, focusing primarily on physical assessment. Interviewing techniques required in the collection of a health history are learned. Assessment techniques of inspection, palpation, percussion, and auscultation are applied to each body system. You learn to differentiate normal from abnormal assessment findings based on age, gender, and ethnicity. Proper documentation of subjective and objective assessment findings is learned.

Quarter Credit Hours: 5 | Prerequisite: NU320

NU333M1: Comprehensive Holistic Assessment and History

Analyze the various elements of a comprehensive holistic health assessment and history.

Quarter Credit Hours: 1 | Prerequisite: NU320

NU333M2: Assessment Techniques for Skin, Hair, Nails, and Head

Apply inspection, palpation, percussion, and auscultation techniques to collect comprehensive patient health assessment data for skin, hair, and nails, and head, eyes, ears, nose, and throat (HEENT).

Quarter Credit Hours: 1 | Prerequisite: NU320

NU333M3: Assessment Techniques for Thorax and Abdomen

Apply inspection, palpation, percussion, and auscultation techniques to collect comprehensive patient health assessment data for cardiovascular, thorax, lung, and abdomen.

Quarter Credit Hours: 1 | Prerequisite: NU320

NU333M4: Musculoskeletal and Neurological Assessment

Apply inspection, palpation, percussion, and auscultation techniques to collect comprehensive patient health assessment data for neurologic and musculoskeletal.

Quarter Credit Hours: 1 | Prerequisite: NU320

NU333M5: Comprehensive Holistic Health Assessment

Synthesize data from a comprehensive holistic health assessment using a professionally recognized documentation format.

Quarter Credit Hours: 1 | Prerequisite: NU320

NU420: Leadership and Management in the Changing Health Care Environment

Nurses must be able to apply leadership concepts and skills and decision making in the provision of high-quality nursing care in an ever-changing, global health care environment. This course will prepare you to understand organizational and systems leadership, quality improvement, a culture of safety, and how these impact patient outcomes. A focus will be on the development of leadership skills that emphasize ethical and critical decision making, effective communication and interprofessional collaboration, and the promotion of a professional practice environment.

Quarter Credit Hours: 6 | Prerequisite: NU225 and NU263, or NU300

NU420M1: Leadership Theory and Research

Evaluate the relationship between leadership/management theories and organizational effectiveness for quality nursing practice.

Quarter Credit Hours: 1 | Prerequisite: NU225 and NU263, or NU300

NU420M2: Change Agent to Diverse Populations

Investigate the role of the nurse leader as a change agent.

Quarter Credit Hours: 1 | Prerequisite: NU225 and NU263, or NU300

NU420M3: Organizational Structure

Analyze current trends for nursing leadership related to nursing recruitment, retention, and engagement in the workplace.

Quarter Credit Hours: 1 | Prerequisite: NU225 and NU263, or NU300

NU420M4: Quality of Care

Investigate principles of quality improvement and health care policy to improve health care in diverse and global populations.

Quarter Credit Hours: 1 | Prerequisite: NU225 and NU263, or NU300

NU420M5: Accountability of Care and Ethics

Examine management and leadership interventions in relationship to legal parameters, professional standards (including the American Nurses Association's Code of Ethics), and external organizations' accreditation and review criteria.

Quarter Credit Hours: 1 | Prerequisite: NU225 and NU263, or NU300

NU420M6: Communication Techniques and Working Relationships

Develop effective communication for conflict resolution in the role of the nurse leader.

Quarter Credit Hours: 1 | Prerequisite: NU225 and NU263, or NU300

NU425: Transforming Leadership and Management in Nursing

This course prepares you for the evolving role of the professional nurse leader and manager. Theories of leadership and management are explored, with a focus on team building, quality improvement, and a culture of safety within a diverse population. The course introduces organizational management functions and leadership roles that are grounded in evidence-based principles. Emphasis is placed on strategic thinking, solving conflict, and negotiation and power strategies for effective leadership in health care delivery systems.

Quarter Credit Hours: 5 | Prerequisite: NU325

NU432: Primary Care in the Ambulatory Setting

The primary care nurse deploys care with expertise in assessment, health promotion, disease management, and coordination of health services across the continuum of care. In this course, the standards for the Ambulatory Care Nursing certification will be reviewed, primary care nursing initiatives discussed, and the commitment of primary care nurses to education, professionalism, and communication evaluated. The role of the primary care nurse in virtual delivery methods and telehealth will be analyzed for future applications in nursing practice. The course content is aligned with knowledge expectations for the nurse considering national certification in ambulatory care nursing. Completion of this course, in association with other requirements as put forth by the American Nurses Credentialing Center (ANCC), provides the opportunity for career advancement should the nurse decide to earn certification in ambulatory nursing (RN-BC).

Quarter Credit Hours: 5 | Prerequisite: NU300

NU432M1: Organizational and Systems Role

Summarize the organizational and systems role of the ambulatory care nurse.

Quarter Credit Hours: 1 | Prerequisite: NU300

NU432M2: Primary Care Nursing Role

Discuss the role of the primary care nurse in assessment, health promotion, disease management, and coordination of health services across the continuum of care.

Quarter Credit Hours: 1 | Prerequisite: NU300

NU432M3: Evidence for Clinical Practice

Analyze evidence-based practice for clinical practice in primary care.

Quarter Credit Hours: 1 | Prerequisite: NU300

NU432M4: Avenues for Ambulatory Care Nursing Practice

Distinguish the role of the nurse in ambulatory care, primary care, telehealth, and virtual delivery care settings.

Quarter Credit Hours: 1 | Prerequisite: NU300

NU432M5: Primary Care Nurses as Professionals

Evaluate primary care nursing initiatives, communication techniques, and professionalism.

Quarter Credit Hours: 1 | Prerequisite: NU300

NU433: Case Management Across the Continuum of Care

This course provides you with an extensive overview of the role of the professional nurse as a member of the case management team and as a care manager. The course is centered around the five main domains of practice for the professional nurse working in case/care management: the fundamentals of case management, understanding proper resource management, learning about the role of quality management, the legal and ethical aspects of case/care management, and the important role of education and health promotion as related to the care/case management professional nurse. The course will provide opportunities to examine the role of the case/care management nurse in a variety of patient/client populations ranging from acute care, long-term care, and within the community setting. Course content is aligned with knowledge expectations for the nurse considering national certification in nursing case management. Completion of this course, in association with other requirements as put forth by the American Nurses Credentialing Center (ANCC), provides the opportunity for career advancement should the nurse decide to earn certification in nursing case management (RN-BC).

Quarter Credit Hours: 5 | Prerequisite: NU300

NU433M1: Fundamentals of Case Management

Evaluate the fundamentals related to the concepts, standards, tools, and processes needed to be a successful professional nurse in case/care management.

Quarter Credit Hours: 1 | Prerequisite: NU300

NU433M2: Health Care Utilization and Resource Management

Describe the health care utilization and support services needed to understand resource management by the professional nurse in care/case management.

Quarter Credit Hours: 1 | Prerequisite: NU300

NU433M3: Legal and Ethical Considerations

Investigate legal and ethical considerations for the case/care management professional nurse.

Quarter Credit Hours: 1 | Prerequisite: NU300

NU433M4: Quality Management Concepts

Integrate the knowledge and skills of quality management into the role of the case/care management professional nurse.

Quarter Credit Hours: 1 | Prerequisite: NU300

NU433M5: Comprehensive Health and Education Planning

Develop a comprehensive health promotion and education plan for the case/care management professional nurse.

Quarter Credit Hours: 1 | Prerequisite: NU300

NU434: Holistic Nursing

In this course, the five core values of holistic nursing and the scope and standards of holistic nursing practice will be analyzed. The ever-evolving role of holistic nurses as leaders in the contemporary and integrative health care system will be explored. The holistic nurse integrates specialized nursing knowledge, skills, and concepts to create therapeutic relationships with patients focused on wellness, health promotion, and healing. Self-reflection, self-development, and self-care for the nurse are strongly emphasized. Course content is aligned with knowledge expectations for the nurse considering national certification in holistic nursing. Knowledge gained from this course, in association with other requirements as put forth by the American Holistic Nurses Credentialing Corporation (AHNCC), may provide the opportunity for career advancement should the nurse decide to earn certification as Holistic Nurse Baccalaureate - Board Certified (HNB-BC).

Quarter Credit Hours: 5 | Prerequisite: NU300

NU434M1: Holistic Philosophies, Theories, and Ethics

Examine the five core values of holistic nursing.

Quarter Credit Hours: 1 | Prerequisite: NU300

NU434M2: Holistic Nurse Self-Reflection, Self-Development, and Self-Care

Evaluate the foundational concepts of holistic nursing knowledge and skills in professional nursing practice.

Quarter Credit Hours: 1 | Prerequisite: NU300

NU434M3: Holistic Caring Process

Explore holistic nursing practice within the scope and standards of holistic nursing.

Quarter Credit Hours: 1 | Prerequisite: NU300

NU434M4: Holistic Communication, Therapeutic Relationships, Healing Environments, and Cultural Care

Describe the evolving role of holistic nursing in the contemporary health care system.

Quarter Credit Hours: 1 | Prerequisite: NU300

NU434M5: Holistic Education and Research

Appraise proficiency of holistic nursing practice in accordance with the Holistic Nurse Baccalaureate - Board Certified (HNB-BC) exam competencies.

Quarter Credit Hours: 1 | Prerequisite: NU300

NU435: 🌐 Hospice and Palliative Nursing Care

This course expands previous knowledge and skills to prepare you to care for patients and families living with serious and/or terminal illnesses. You will examine the philosophies, concepts, and practices that are fundamental to hospice and palliative care. You will utilize multidimensional awareness, interprofessional communication, and advocacy strategies to optimize quality of life through symptom management and psychosocial support. Course content is aligned with knowledge expectations for national certification in hospice and palliative care nursing. Knowledge gained from this course, in association with other requirements as put forth by the Hospice and Palliative Credentialing Center (HPCC), may provide the opportunity for career advancement should the nurse decide to earn certification in hospice and palliative care nursing (CHPN).

Quarter Credit Hours: 5 | Prerequisite: NU300

NU435M1: Introduction to Hospice and Palliative Care

Describe nursing actions that ensure quality, person-centered palliative care.

Quarter Credit Hours: 1 | Prerequisite: NU300

NU435M2: Hospice and Palliative Care Settings

Differentiate between various palliative care delivery environments.

Quarter Credit Hours: 1 | Prerequisite: NU300

NU435M3: Communication in Hospice and Palliative Care

Apply a standardized model for effective communication with patients, important others, and interprofessional team members in palliative care.

Quarter Credit Hours: 1 | Prerequisite: NU300

NU435M4: Symptom Assessment and Management in Hospice and Palliative Care

Analyze pain as a multidimensional experience to inform person-centered palliative care.

Quarter Credit Hours: 1 | Prerequisite: NU300

NU435M5: Psychosocial and Spiritual Support in Hospice and Palliative Care Nursing

Investigate psychosocial and spiritual support mechanisms that contribute to person-centered palliative care.

Quarter Credit Hours: 1 | Prerequisite: NU300

NU436: 🌐 Transcultural Nursing for Diverse Populations

This course expands previous knowledge and skills to enhance your nursing care of diverse populations across the lifespan. You will examine the theories, concepts, and practices that are the foundation of transcultural nursing. You will utilize cultural curiosity and awareness to optimize evidence-based, culturally competent care. Course content is aligned with knowledge expectations for the nurse considering national certification in transcultural nursing. Knowledge gained from this course, in association with other requirements as put forth by the Transcultural Nursing Society (TCNS), may provide the opportunity for career advancement should you decide to earn certification in transcultural nursing (CTN-A or CTN-B).

Quarter Credit Hours: 5 | Prerequisite: NU300

NU436M1: Transcultural Theories for Culturally Competent Nursing Practice

Explain the influence of transcultural nursing theories on professional nursing practice.

Quarter Credit Hours: 1 | Prerequisite: NU300

NU436M2: Cultural Assessment

Synthesize cultural assessment data to identify cultural health needs.

Quarter Credit Hours: 1 | Prerequisite: NU300

NU436M3: Evidence-Based Nursing Care for Diverse Populations

Apply research that supports culturally competent care across the lifespan for diverse populations.

Quarter Credit Hours: 1 | Prerequisite: NU300

NU436M4: Ethical and Culturally Competent Nursing Care

Examine the role of ethics in the delivery of culturally competent nursing care.

Quarter Credit Hours: 1 | Prerequisite: NU300

NU436M5: Transcultural Education and Professional Growth

Develop education and professional growth opportunities that support culturally competent nursing care.

Quarter Credit Hours: 1 | Prerequisite: NU300

NU441: 🌐 Faith Community Nursing

This course provides you with an overview of the role of the professional nurse as a member of a ministerial team and faith community. Focusing broadly in a variety of spiritual belief systems, you will learn about the dimensions of the faith community nurse role. The course will include historical perspectives of faith community nursing; the work of the nurse as a member of the ministerial team; and the integration of faith, health, and the community in the practice of faith community nurses. Legal and ethical considerations of faith community nursing will be addressed, as well as nursing interventions for common issues cared for by faith community nurses. This course does not endorse or promote any specific spiritual or religious faith, nor is your area of practice a requirement for the course.

Quarter Credit Hours: 5 | Prerequisite: None

NU441M1: History and Cornerstones of FCN

Describe the dimensions of the faith community nurse role as a part of a ministerial team and faith community.

Quarter Credit Hours: 1 | Prerequisite: None

NU441M2: Ethics, Legal Issues, and Community Assessment

Identify legal and ethical considerations of the faith community nurse role.

Quarter Credit Hours: 1 | Prerequisite: None

NU441M3: Life Transitions

Evaluate nursing interventions for common issues encountered by faith community nurses.

Quarter Credit Hours: 1 | Prerequisite: None

NU441M4: Teaching Health Promotion

Integrate knowledge of health promotion, illness prevention, and faith practices into the role of the faith community nurse.

Quarter Credit Hours: 1 | Prerequisite: None

NU441M5: FCN Plan and Implementation

Develop a comprehensive plan for implementation of a faith community nursing program.

Quarter Credit Hours: 1 | Prerequisite: None

NU450: Public Health Nursing - Population-Centered Health Care in the Community

In this course, you will explore the context of public health nursing practice. You will apply evidence-based findings to population health nursing practice and engage in experiential learning that will influence change in population health. Common challenges in community and population health are examined while defining specialty roles integral to population health.

Quarter Credit Hours: 6 | Prerequisite: NU320

NU450M1: Ethics, Equity, and Public Health Practices

Analyze the context of public health and specialty nursing practice in relationship to ethics, equity, and public health mandates.

Quarter Credit Hours: 1 | Prerequisite: NU320

NU450M2: Population Health Appraisal

Appraise population health and health risks.

Quarter Credit Hours: 1 | Prerequisite: NU320

NU450M3: Population Health Determinants

Assess the quality indicators that relate to public health interventions.

Quarter Credit Hours: 1 | Prerequisite: NU320

NU450M4: Nursing Practice and Risk Reduction

Integrate public health nursing principles to optimize health outcomes and decrease health risks.

Quarter Credit Hours: 1 | Prerequisite: NU320

NU450M5: Public Health System Analysis

Apply systems thinking to improve the quality of public health care and health outcomes.

Quarter Credit Hours: 1 | Prerequisite: NU320

NU450M6: Innovation and Strategic Planning

Describe new insights and innovative solutions related to strategic planning to improve population health outcomes.

Quarter Credit Hours: 1 | Prerequisite: NU320

NU465: Public Health Nursing - Evidence for Practice

In this course, you will explore the scope of public health nursing practice. You will apply evidence-based findings related to the social determinants of health to influence positive health outcomes in a population. Contemporary challenges will also be examined while defining specialty roles integral to community and public health practice.

Quarter Credit Hours: 5 | Prerequisite: NU325

NU470: Regenerative and Restorative Care Spheres - A Wellness and Prevention Focus

Regenerative/restorative care and wellness/prevention are two spheres of nursing care. This course begins with a focus on the theories of regenerative/restorative care along with a particular focus on population health, social determinants, and health disparities through the use of case studies. The course will then transition to an exploration of the process of promoting wellness and preventing disease. A variety of patient/client care populations will be the focus of the creation of a wellness/health promotion plan driven by the patient-centered care model.

Quarter Credit Hours: 6 | Prerequisite: NU425

NU475: Providing Transition Care - Chronic Disease and Palliative/Hospice Spheres

Chronic disease care and palliative/hospice care are two spheres of nursing care. The course begins with an examination of chronicity and chronic care management. Palliative care interventions are explored, with an emphasis on patients learning to self-manage chronic diseases to maintain the optimal quality of life. Palliative curative interventions transition to a focus on palliative comfort care when the disease becomes terminal and hospice services are necessary at the end of life. Appropriate measures are explored for the care of patients, families, and yourself as the nurse providing care.

Quarter Credit Hours: 6 | Prerequisite: NU425

NU480: Four Spheres BSN Capstone

This capstone course is a culmination of the Bachelor of Science in Nursing (BSN) program, providing an opportunity for you to demonstrate programmatic learning. In this didactic course, you will demonstrate integration of the key concepts from each course in the program as developed from the American Association of Colleges of Nursing (AACN) Essential domains. The culmination of this course will be the creation of an evidence-based change-in-practice project. Concurrent enrollment in NU480CL is required.

Quarter Credit Hours: 4 | Prerequisite: NU470 and NU475 | Corequisite: NU480CL

NU480CL: Four Spheres BSN Capstone Clinical

This capstone clinical course is the culmination of the Bachelor of Science in Nursing (BSN) program, providing an opportunity for you to demonstrate programmatic learning. In this clinical course, you will integrate the nursing competencies from previous courses that align with the AACN Essential domains for professional nursing. You will develop, implement, and evaluate a plan that is intended to achieve a health goal/outcome within each of the four spheres of nursing practice: preventative, regenerative/restorative, chronic disease, and hospice/palliative care. You can expect to spend a minimum of 40 hours in the clinical setting. Concurrent enrollment in NU480 is required.

Quarter Credit Hours: 4 | Prerequisite: NU470 and NU475 | Corequisite: NU480

NU495: 🌐 Directed Studies in the School of Nursing - BSN Completion

In this course, you will design an evidence-based project to improve patient outcomes. You will select a topic of interest and relevance to your professional nursing practice.

Quarter Credit Hours: 5 | Prerequisite: None

NU495M1: Identifying Opportunities to Improve Patient Outcomes

Identify an opportunity to improve patient outcomes through an evidence-based project proposal.

Quarter Credit Hours: 1 | Prerequisite: None

NU495M2: Discovering Evidence to Improve Patient Outcomes

Conduct a review of the literature concerning an identified opportunity to improve patient outcomes.

Quarter Credit Hours: 1 | Prerequisite: None

NU495M3: Designing a Plan to Improve Patient Outcomes

Design an evidence-based project proposal to improve patient outcomes.

Quarter Credit Hours: 1 | Prerequisite: None

NU495M4: Evaluating a Plan to Improve Patient Outcomes

Design an evaluation plan for an evidence-based project proposal to improve patient outcomes.

Quarter Credit Hours: 1 | Prerequisite: None

NU495M5: Disseminating a Plan to Improve Patient Outcomes

Design a dissemination plan for an evidence-based project proposal to improve patient outcomes.

Quarter Credit Hours: 1 | Prerequisite: None

NU497: Chronicity Within Nursing Care - Clinical

Chronic disease management is one of the four spheres of nursing care. The concepts of chronicity and chronic care delivery will be examined in this course. The nursing process will be used to develop, implement, and evaluate an evidence-based plan of care for a complex patient experiencing chronic illness. You will assess the physical, mental, functional, and sociocultural dimensions that contribute to quality of life, chronic syndromes, and frailty. Working with an interprofessional team, you will apply the concepts of chronic care management for an individual living with chronic illness. You will complete clinical practice experiences in this course.

Quarter Credit Hours: 6 | Prerequisite: NU320

NU497M1: The Impact of Chronic Illness

Combine theoretical and empirical knowledge to support nursing care for individuals living with chronic illness.

Quarter Credit Hours: 1 | Prerequisite: NU320

NU497M2: The Impact of Systems in Chronic Illness Management

Integrate organizational and systems leadership concepts in providing safe, cost-effective, and quality nursing care for individuals with chronic illness.

Quarter Credit Hours: 1 | Prerequisite: NU320

NU497M3: Holistic Assessment in Chronic Illness

Integrate ethical and professional clinical reasoning into a holistic patient assessment.

Quarter Credit Hours: 1 | Prerequisite: NU320

NU497M4: Planning Care for Chronic Illness Management

Combine health promotion, prevention, and risk-reduction strategies into a plan of care for individuals with chronic illness.

Quarter Credit Hours: 1 | Prerequisite: NU320

NU497M5: Interprofessional Teams and Chronic Illness

Use interprofessional communication to lead collaborative teams in delivering person-centered care.

Quarter Credit Hours: 1 | Prerequisite: NU320

NU497M6: Management of Chronic Illness

Apply a nursing plan of care to individuals with chronic illness to achieve positive outcomes.

Quarter Credit Hours: 1 | Prerequisite: NU320

NU498: Bachelor's Capstone in Nursing - Systems Clinical

This capstone course represents the culmination of the Bachelor of Science in Nursing program and is an opportunity for you to demonstrate what you have learned over your course of study. Through this capstone process, you will demonstrate integration of the essential concepts from each course in the program. The goal of each capstone project is to model an approach designed to improve patient health outcomes. You will complete clinical practice experiences in this course.

Quarter Credit Hours: 6 | Prerequisite: NU420 and completion of all other required electives and general education requirements

NU498M1: Leading Collaborative Teams

Integrate evidence in planning, implementing, evaluating outcomes, and communication to lead collaborative teams in delivering person-centered care.

Quarter Credit Hours: 1 | Prerequisite: NU420 and completion of all other required electives and general education requirements

NU498M2: Influences of Policy, Politics, and Power

Analyze the influence of power, politics, policy, finance, and regulatory guidelines on health systems and nursing practice.

Quarter Credit Hours: 1 | Prerequisite: NU420 and completion of all other required electives and general education requirements

NU498M3: Informatics and Technology

Integrate safe and appropriate use of informatics and emerging health care technologies in the delivery of nursing care.

Quarter Credit Hours: 1 | Prerequisite: NU420 and completion of all other required electives and general education requirements

NU498M4: Population-Focused Health

Create health promotion, prevention, and risk-reduction strategies to provide population-focused care.

Quarter Credit Hours: 1 | Prerequisite: NU420 and completion of all other required electives and general education requirements

NU498M5: Plan of Care

Apply an evidence-based change in practice related to individuals, families, groups, communities, and population to achieve positive outcomes in a variety of health care settings.

Quarter Credit Hours: 1 | Prerequisite: NU420 and completion of all other required electives and general education requirements

NU498M6: Ethical and Professional Values

Apply clinical reasoning that reflects ethical and professional nursing values.

Quarter Credit Hours: 1 | Prerequisite: NU420 and completion of all other required electives and general education requirements